



Residential Treatment Service Packing List

For those interested in taking advantage of our Residential Treatment services, a list is provided to help you pack. Please make sure you bring these items with you on admission:

Required Items

| | |
|---|----------------------------|
| Insurance Card | Toothpaste |
| 5 days of comfortable clothes | Deodorant |
| Comfortable shoes | Shampoo |
| Jacket appropriate for the time of year | Comb or brush |
| Toothbrush | All prescribed medications |

Optional Items:

Bedding
Good books
DVD's you like
Ipod
Comfort food

Do NOT bring:

- Laptop computers
- Video game systems
- Camera
- Weapons
- Alcohol based products
- Expensive Jewelry
- Alcohol, drugs, or paraphernalia